

Eastside  
Friends  
of Seniors

February 20, 2013

Jawad Khaki  
Khaki Foundation

Dear Mr. Khaki,

I wanted to fill you in on one of the clients you are sponsoring.

Filomena, who is now 102, recently had the flu, and because of her advanced age, went to a nursing home to recover. She wanted to return to her home in Issaquah, but it just proved to be too difficult for her. She has now relocated out of our area, into a more supportive setting closer to where her son lives.

We would now like you to sponsor Helen and her husband Al were clients of ours for several years. Al's Alzheimer's disease became steadily worse, and Helen was his sole caretaker. Al had a sharp downturn, and died in the last year. Even without her husband, Helen continues to live in the home Al built for her in the early 1950s on Squak Mountain. Helen is 80 years old, but is in relatively good health, using a cane to help her walk with arthritis. Her greatest problem is isolation. She no longer drives. Her rural home is far from even neighbors, much less any community services. Helen is matched with a volunteer who provides her with transportation, and help with maintaining her property.



Without generous people like you, we would not be able to screen and match volunteers to seniors who need help. Thank you so much for your on-going support of our program, such that community volunteers can help seniors live independently in our community.

Warm Regards,

Claire Petersky  
Executive Director